

# & HEAR NOW

Summer 2018

“Where words fail, music speaks.” ~ Hans Christian Andersen

**WILD ROSE AUDIOLOGY  
CLINIC LTD.**

**Wild Rose Audiology Clinic is an independent, family-owned hearing clinic since 1994.**

Our clinic has 6 highly experienced audiologists who are happy to answer any questions about your hearing and appropriate amplification options.

### OUR SERVICES INCLUDE:

- Complete hearing assessments for adults and children
- Hearing aid fittings for all ages
- Fitting custom hearing protection (ear defenders, musician plugs etc.)
- Providing information of funding options for hearing aids and third party applications

**BOOK AN APPOINTMENT TODAY!  
780-447-3881**

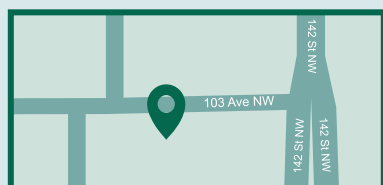
### Westgrove Medical Building

14211-103 Avenue NW  
Edmonton, AB T5N 0S9

**Phone:** 780 447-3881

**Fax:** 780 455-7414

[www.wildroseaudiology.com](http://www.wildroseaudiology.com)



## CONNECTCLIP: THE ALL-IN-ONE ACCESSORY FOR OTICON OPN™

ConnectClip converts Opn hearing aids into a high quality, wireless headset for hands-free calls and listening to music or podcasts in stereo. Whether at a lecture, presentation, or anytime you need help hearing someone's voice clearly, ConnectClip gives a helping hand.

The Oticon Opn wearer simply gives their ConnectClip to the person they need to hear, and it wirelessly streams their voice directly to the hearing aids from up to 20 metres away allowing hearing aid users to get back into social situations that they had been missing out on.



**96% OF USERS  
HEAR BETTER WITH  
OTICON OPN™\***

With breakthrough features and a variety of styles, Oticon Opn has proven to deliver on the unique needs of a wide variety of users — across age, lifestyle and level of hearing loss. User feedback highlights how 96% say they hear better with Oticon Opn while 81% say they not only understand more, they use less effort in doing so.\*

\*Beck D.L., Porath M., Consumer Responses to the Oticon Opn Hearing Aid. Hearing Review. 2017;24(1):26.

**Oticon Opn makes a  
profound difference to  
users in noisy situations**



**oticon**  
PEOPLE FIRST



## IMPROVING SPEECH UNDERSTANDING IN NOISY ENVIRONMENTS



Exciting new evidence shows that OpenSound Navigator in Oticon Opn actually improves speech understanding from 20% to 75% in restaurant-like environments.\*\*

\*\*Le Goff and Beck 2017, Oticon whitepaper

## WHAT IS TINNITUS?

It can be a ringing, buzzing, hissing or roaring sound, and may be temporary or permanent. This noise in your ears or inside your head is unique to you.

An estimated 80% of people who suffer from tinnitus also experience some degree of hearing loss, though they may be unaware of it. However, even though tinnitus often goes hand-in-hand with hearing loss, it is not a disease.

Tinnitus is a symptom that can be caused by many things, and even begin for no apparent reason. But it can have a major impact, bringing stress, anxiety, anger and sleep loss. The first step towards taking control of your tinnitus is to consult a professional, so that together, you can find the treatment plan that will work for you.

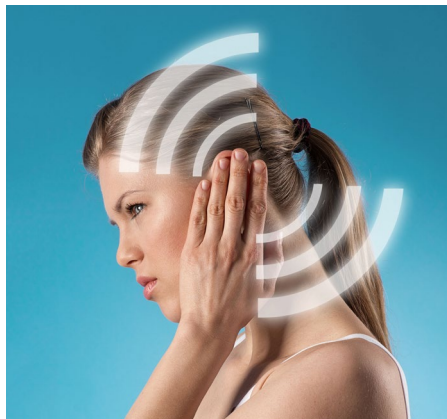
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## DESIGNED TO LAST

Oticon hearing aids meet the highest possible reliability standards

Oticon hearing aids are safe, fit securely on the ear and have a robust design to stand up to active lives.

Robust and reliable, ideal for active users. To ensure their high quality, our products have undergone extensive internal tests and meet strict internal durability requirements. For example, they are shock and drop-resistant to withstand rough treatment in addition to their IP98 rating for water resistance.



## GREEK QUINOA SALAD

### INGREDIENTS

#### FOR THE SALAD:

- 2 cups water
- 1 cup quinoa
- Pinch of salt
- 1 cup grape tomatoes, halved
- 1 cup chopped cucumber
- 1/3 cup pitted kalamata olives, halved
- 1/4 cup diced red onion
- 1/3 cup feta cheese
- Salt and freshly ground black pepper, to taste

#### TO MAKE THE DRESSING:

- 1/4 cup olive oil
- 3 tablespoons red wine vinegar
- 1 teaspoon dried oregano

### DIRECTIONS

Using a strainer, rinse the quinoa under cold water. Add quinoa, water, and salt to a medium saucepan and bring to a boil over medium heat. Boil for 5 minutes. Turn the heat to low and simmer for about 15 minutes, or until water is absorbed. Remove from heat and fluff with a fork. Let quinoa cool to room temperature.

In a large bowl, combine quinoa, tomatoes, cucumber, kalamata olives, red onion, and feta cheese.

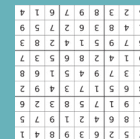
To make the dressing, whisk together olive oil, red wine vinegar, and oregano in a small bowl. Pour dressing over the salad and stir until mixed well. Season with salt and pepper, to taste.

Recipe and Image ©Two Peas & Their Pod  
[www.twopeasandtheirpod.com/greek-quinoa-salad/](http://www.twopeasandtheirpod.com/greek-quinoa-salad/)

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## DID YOU KNOW ?

Birds hear a smaller frequency range than humans, but they have much more acute sound recognition skills. Birds are especially sensitive to pitch, tone and rhythm changes and use those variations to recognize other individual birds, even in a noisy flock.



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